

# Equine First Aid

As a horse owner and/or farm manager there are certain basic care procedures that you should be capable of performing. These include, but are not limited to:

1. Leading and controlling your horse or foal
2. Taking a horse's temperature and heart rate
3. Administering oral, ocular, topical or intramuscular medication when directed to do so by your veterinarian
4. Proper bandage application

In addition, basic equipment in your barn should include:

1. Sturdy halter and lead rope
2. Chain shank
3. Twitch
4. Thermometer
5. Stethoscope
6. Clippers
7. Basic bandage material
8. Various sized needles and syringes
9. Available electricity
10. Shoe pullers
11. Cell phone

It is also prudent to keep a variety of commonly used medications in stock in case of emergency. Suggested supplies will vary according to the type of horses in your care but should always include:

1. Banamine (Flunixin)- Injectable, Oral
2. Phenylbutazone (Bute)- Oral
3. Antibiotic eye ointment (NeoPolyBac)
4. Antiseptic soap (Chlorhexadine, Betadine)
5. Antiseptic ointment (Triple Antibiotic Ointment, Nolvasan, Furacin)
6. Broad spectrum antibiotic (Bactrim, Doxycycline or Penicillin)
7. Dexamethasone- Injectable, Oral
8. Sedation- Injectable (Detomidine, Xylazine, Acepromazine)

Normal Vital Signs:

	<b>Temperature</b>	<b>Heart Rate</b>	<b>Respiration</b>
<b>Adult Horse</b>	98-101.5F	30-40 beats/min.	8-16 breaths/min.
<b>Newborn</b>	99-102F	60-100 beats/min.	20-40 breaths/min.